LION ADVENTURES

Kindergarten

Earn the Lion Badge of Rank

To earn the Lion badge of rank, you must complete six required Adventures and any two elective Adventures.

Required Adventures



Character & Leadership

Bobcat Adventure

The Bobcat Adventure is designed to be the first required Adventure. Requirements for Bobcat include getting to know members of the den and the "How to Protect Your Children from Child Abuse: A Parent's Guide" which are important activities to do with your den early on.

View Lion Bobcat







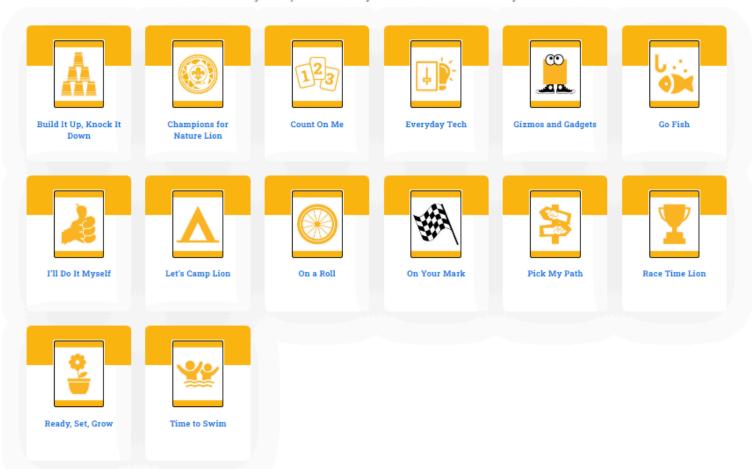




Must Complete All 6: Bobcat, Fun on the Run, King of the Jungle, Lion's Pride, Lion's Roar, Mountain Lion

Elective Adventures

You may complete as many elective Adventures as you wish.



Pick At Least 2: Built It Up, Knock It Down; Champions for Nature Lion; Count On Me; Everyday Tech; Gizmos and Gadgets; Go Fish; I'll Do It Myself; Let's Camp Lion; On a Roll; On Your Mark; Pick My Path; Race Time Lion; Ready, Set, Grow; Time to Swim

Bobcat Lion

Character & Leadership REQUIRED



Snapshot Of Adventure

The Bobcat Adventure is the first required Adventure on the trail to earn the Lion badge of rank. Once the Bobcat Adventure is completed, Lions can start any other of the Adventures in any order.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Before starting this Adventure complete the following:

- Review Age Appropriate Guidelines for Scouting Activities before starting a project.
- Cub Scouts are allowed to use common craft tools, such as paintbrushes, scissors, hammers, and screw drivers.
- Know the proper use of the tools that will be used for the project, by any youth or adult.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.
- Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Bobcat Lion.

Requirement 1

Get to know the members of your den.

Requirement 2

Have your Lion adult partner or den leader read the Scout Law to you. Demonstrate your understanding of being friendly.

Requirement 3

Share with your Lion adult partner, during a den meeting or at home, a time when you have demonstrated the Cub Scout motto "Do Your Best."

Requirement 4

At home, with your parent or legal guardian, do the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

Requirement 1 Options

Get to know the members of your den.

- The den doodle is a craft project that can be used to track attendance, reward good behavior, and completion of requirements.
- A den flag is a craft that can bring your den together by getting to know everyone's name and having a symbol that everyone has a part in making.
- Cub Scouts and adult partners make hand puppets that reflect themselves and use the puppets to share about themselves.
- The Cub Scout sign is a way to help Cub Scouts learn good manners and communication skills.
- Sing the Wigalo Song to get to know everyone's name.

Requirement 2 Options

Have your Lion adult partner or den leader read the Scout Law to you. Demonstrate your understanding of being friendly.

- Have your Lion adult partner or den leader read the Scout Law to you. Demonstrate your understanding of being friendly.
- Cub Scouts will make a friendship zipper pull for another Cub Scout.
- Coloring activity for the Scout Law.
- Everyone pays a compliment to each other in a game.

Requirement 3 Options

Share with your Lion adult partner, during a den meeting or at home, a time when you have demonstrated the Cub Scout motto "Do Your Best."

 Share with your Lion adult partner, during a den meeting or at home, a time when you have demonstrated the Cub Scout motto "Do Your Best."

Requirement 4 Options

At home, with your parent or legal guardian, do the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

• At home, with your parent or legal guardian, do the activities in the booklet "How to Protect Your Children from Child Abuse: A Parent's Guide."

Fun On The Run

Personal Fitness
REQUIRED



Snapshot Of Adventure

In this Adventure, Lions will explore the different food groups, have fun being active, and the importance of rest.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure:

- Review the Food Allergies safety moment.
- Review each Cub Scouts BSA Annual Health and Medical Record for any food allergies or restrictions.
- Ask if any member of the den, youth, or adult, has any religious, or cultural dietary concerns.
- there is someone in the den, youth, or adults, who carries an EpiPen due to severe allergies
 make sure that at least one other adult knows how to administer the EpiPen. To learn more,
 review this Safety Moment on anaphylaxis.
- Review the Keep Your Food Safe guide to properly keep, store, and prepare food.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Fun on the Run.

Requirement 1

Identify the five different food groups.

Practice hand washing. Point out when you should wash your hands.

Requirement 3

Be active for 20 minutes.

Requirement 4

Practice methods that help you rest.

Requirement 1 Options

Identify the five different food groups.

- Cub Scouts bring and share their favorite food from one of the five food groups.
- That Food is in the Wrong Group Activity for Cub Scouts to identify food groups and what doesn't belong.
- Use play food to help Cub Scouts identify the five different food groups.

Requirement 2 Options

Practice hand washing. Point out when you should wash your hands.

- Cub Scouts pop bubbles and wash their hands.
- Practice handwashing and learn to wash your hands while singing happy birthday.
- Practice handwashing and put the steps to washing hands in the right order.

Requirement 3 Options

Be active for 20 minutes.

- Have a dance party with Cub Scouts and adult partners.
- Play a game of Freeze Tag.
- Play a game of Simon Says.

Requirement 4 Options

Practice methods that help you rest.

- Learn that animals sleep and rest too, but some do so during the day and some during the night.
- Learn how music can influence your ability to rest and relax.
- Adult partners work with Cub Scouts to establish good bedtime habits.

King Of The Jungle

Citizenship REQUIRED



Snapshot Of Adventure

Citizenship is one of the four aims of the BSA program. For Lions, citizenship begins at home with those they live with. They will explore how they can contribute to their home and community.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure complete the following:

- Use the Service Project Planning Checklist to plan your den or pack service project.
- Review the SAFE Project Tool Use is an at-a-glance reference for service projects, not crafts.
 It includes age guidelines for tools and types of allowed activities allowed for service projects.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.
- Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete King of the Jungle.

Draw a picture or take a photo of the people you live with.

Requirement 2

With your Lion adult partner, choose a job that will help your family. Follow through by doing that job at least once.

Requirement 3

Talk with a grandparent or other older adult about what citizenship means to them.

Requirement 4

Participate in a service project.

Requirement 1 Options

Draw a picture or take a photo of the people you live with.

Draw a picture of the people you live with.

Requirement 2 Options

With your Lion adult partner, choose a job that will help your family. Follow through by doing that job at least once.

Cub Scouts work with adult partners to identify how they can help their family.

Requirement 3 Options

Talk with a grandparent or other older adult about what citizenship means to them.

- Identify a grandparent of one of the Cub Scouts to visit with the den to talk about citizenship.
- Invite a military veteran to discuss what citizenship means to them.
- Plan a trip to visit the elderly in a retirement or assisted living facility.

Requirement 4 Options

Participate in a service project.

- Conduct an art supply drive for children in a homeless shelter or transitional housing.
- Conduct a book drive for a children's hospital.
- Participate in your Council-sponsored Scouting for Food event.

Lion's Pride

Family & Reverence REQUIRED



Snapshot Of Adventure

It is important to know that the BSA has a religious element as a part of the program as stated in the Scout Oath and Scout Law. However, the BSA is absolutely nonsectarian in its attitude toward a member's religion or faith. The BSA policy is that the home and organization or group with which the member is connected shall give definite attention to religious life.

In this Adventure, the Lions learn about their family by exploring the faith traditions and celebrations that make being part of their family special.

This Adventure is commonly done at home with the Cub Scout's family. If it is being done as a den, ensure that every parent and guardian is aware of the content and the activities that the den will do and allow for parents to opt out of doing it as a den activity and choose to complete the requirement at home.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

It is important to know that the BSA has a religious element as a part of the program as stated in the Scout Oath and Scout Law. However, the BSA is absolutely nonsectarian in its attitude toward a member's religion or faith. The BSA policy is that the home and organization or group with which the member is connected shall give definite attention to religious life.

Complete the following requirements

This Adventure may be earned by completing the requirements below OR by completing a Religious Emblem of the Cub Scouts family's choosing. Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Lion's Pride.

With your parent or legal guardian talk about your family's faith traditions. Draw a picture of your favorite family's faith tradition holiday or celebration.

Requirement 2

With your family, attend a religious service OR other gathering that shows how your family expresses Family & Reverence.

Requirement 3

Make a cheerful card or a drawing for someone you love and give it to them.

Requirement 1 Options

With your parent or legal guardian talk about your family's faith traditions. Draw a picture of your favorite family's faith tradition holiday or celebration.

• Draw and color a favorite faith tradition holiday or celebration.

Requirement 2 Options

With your family, attend a religious service OR other gathering that shows how your family expresses Family & Reverence.

- Cub Scouts attend a religious celebration with their family.
- Attend a religious service with your family.
- Attend a Veterans Day event with your den.

Requirement 3 Options

Make a cheerful card or a drawing for someone you love and give it to them.

Make a card of kindness to give to someone special.

Lion's Roar

Personal Safety REQUIRED



Snapshot Of Adventure

In partnership with the Barbara Sinatra Children's Center Foundation, Lions will learn about the "Protect Yourself Rules" and other skills needed to stay safe.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure:

- Review the BSA Youth Protection content.
- Review the Protect Yourself Rules-Lion video.
- This Adventure may be completed at home or as a den. Prior to the meeting inform parents, legal guardians, and adult partners of the Adventure and content. See the document "Lion's Roar 1 Parent Notification" found in the Additional Resources section for Requirement 1.

During the Adventure:

 There is a chance that a child may disclose a situation that causes suspicion of abuse. If you suspect a child is being abused follow the reporting guidelines found on the BSA Youth Protection site.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Lion's Roar.

With permission from your parent or legal guardian watch the Protect Yourself Rules video for the Lion rank.

Requirement 2

With your Lion adult partner, demonstrate Shout, Run, Tell as explained in the Protect Yourself Rules video.

Requirement 3

With your Lion adult partner, demonstrate how to access emergency services.

Requirement 4

With your Lion adult partner, demonstrate how to safely cross a street or walk in a parking lot.

Requirement 1 Options

With permission from your parent or legal guardian watch the Protect Yourself Rules video for the Lion rank.

• Watch the Protect Yourself Rules video with your parent or legal guardian.

Requirement 2 Options

With your Lion adult partner, demonstrate Shout, Run, Tell as explained in the Protect Yourself Rules video.

• Cub Scouts demonstrate their own personal way of shout, run, and tell.

Requirement 3 Options

With your Lion adult partner, demonstrate how to access emergency services.

- At home learn how to contact emergency services using a home alarm or voice-activated devices.
- Practice dialing 911.

Requirement 4 Options

With your Lion adult partner, demonstrate how to safely cross a street or walk in a parking lot.

- Play a game of red light, green light to reinforce how to safely cross a street.
- Set up a mock crosswalk and parking lot for Cub Scouts to learn about staying safe in these situations.

Mountain Lion

Outdoors REQUIRED



Snapshot Of Adventure

Lions and adult partners will take a walk to explore the outdoors. Along the way, they will see and identify things that are natural and things that are man-made.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Before starting this Adventure complete the following:

- Review Age Appropriate Guidelines for Scouting Activities.
- Complete the on-line training "Hazardous Weather" training module that is part of the
 Position Specific Training for den leaders my.scouting. If you have already completed den
 leader, Cubmaster, or pack committee chair training on-line, then you have completed this
 module.
- Watch the Weather Related Safety Moment video (1 minute 48 seconds).
- Review the BSA Annual Health and Medical Record for all Cub Scouts and adults going on the walk and check for any safety concerns.

If there is someone in the den, youth, or adults, who carries an EpiPen due to severe allergies make sure that at least one other adult knows how to administer the EpiPen. To learn more, review this Safety Moment on anaphylaxis. During the Adventure:

- Use the buddy system.
- All adults are to provide active supervision.

Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Mountain Lion.

Requirement 1

Identify the Cub Scout Six Essentials. Show what you do with each item.

Requirement 2

With your den, pack, or family, take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.

Requirement 3

Discover what S.A.W. means.

Requirement 4

Identify common animals that are found where you live. Separate those animals into domesticated and wild.

Requirement 1 Options

Identify the Cub Scout Six Essentials. Show what you do with each item.

- Play a game of charades to identify the Cub Scout Six Essentials.
- Play Kim's Game to help Cub Scouts learn about the Cub Scout Six Essentials.

Requirement 2 Options

With your den, pack, or family, take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.

- During the walk stop and change where you are looking by moving your body.
- While on a walk, play "I Spy" to identify natural items and things that are man-made.
- While on a walk play a scavenger hunt for things that are natural.

Requirement 3 Options

Discover what S.A.W. means.

- Cub Scouts will blow whistles and demonstrate how to use the whistle if they get lost.
- Play a version of hide and seek where the idea is to be found.
- Complete a maze that helps teach the S.A.W. method.

Requirement 4 Options

Identify common animals that are found where you live. Separate those animals into domesticated and wild.

- Using craft supplies make a domesticated animal and a wild animal.
- Travel to an animal rescue that has both wild and domestic animals.
- Matching activity for wild and domesticated animals.

Build It Up, Knock It Down



ELECTIVE

Snapshot Of Adventure

Lions will have fun building a structure on their own and as a team.

Safety Moment

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Before starting this Adventure:

- Review the Food Allergies safety moment.
- Review each Cub Scouts BSA Annual Health and Medical Record for any food allergies or restrictions.
- Ask if any member of the den, youth, or adult, has any religious, or cultural dietary concerns.
- there is someone in the den, youth, or adults, who carries an EpiPen due to severe allergies
 make sure that at least one other adult knows how to administer the EpiPen. To learn more,
 review this Safety Moment on anaphylaxis.
- Review the Keep Your Food Safe guide to properly keep, store, and prepare food.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Build It Up, Knock It Down.

Requirement 1

With your Lion adult partner, build a structure.

Requirement 2

With your den or family, build a structure.

Build something that is designed to be knocked down.

Requirement 1 Options

With your Lion adult partner, build a structure.

- Use LEGO building blocks to build a house.
- Lions work with their adult partners to build a shoe box skyscraper.
- Cub Scouts work with their adult partner to make a gingerbread house.

Requirement 2 Options

With your den or family, build a structure.

- Take turns to build a cup pyramid.
- Build a pillow and blanket fort.
- The den will work together to make a cardboard city.

Requirement 3 Options

Build something that is designed to be knocked down.

- Using paper blocks build a house to see if it can hold up to the wind.
- Play a relay race to build it up and knock it down.
- Build a domino maze designed to be knocked down.

Champions For Nature Lion



ELECTIVE

Snapshot Of Adventure

As part of the World Organization of the Scouting Movement, this program is part of a global effort to teach youth about the conservation of natural resources. This includes participating in a service project.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure complete the following:

- Use the Service Project Planning Checklist to plan your den or pack service project.
- Review the SAFE Project Tool Use is an at-a-glance reference for service projects, not crafts.
 It includes age guidelines for tools and types of allowed activities allowed for service projects.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.
- Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Champions for Nature Lion.

Discover the difference between natural resources and man-made items.

Requirement 2

Discover the difference between organic, paper, plastic, metal and glass waste.

Requirement 3

Discover recycling.

Requirement 4

Participate in a conservation service project.

Requirement 1 Options

Discover the difference between natural resources and man-made items.

- Identify pictures of things that are natural and things that are man-made.
- Identity items that are man-made but made from natural items.
- Play a sorting game of items that are natural and items that are man-made.

Requirement 2 Options

Discover the difference between organic, paper, plastic, metal and glass waste.

• Identify the difference between items that are organic, paper, and glass.

Requirement 3 Options

Discover recycling.

- Take a trip to a recycling center.
- Invite a guest speaker to share how Cub Scouts can recycle in their community.

Requirement 4 Options

Participate in a conservation service project.

- Plant native plants that attract bees.
- Make "seed bombs" to plant wildflowers.

Count On Me

ELECTIVE



Snapshot Of Adventure

Suggest, "Discover basic geometric shapes and their use in arts and crafts."

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Count On Me.

Requirement 1

Identify the different shapes of the ranks in Cub Scouting and how many of each shape is represented.

Requirement 2

Play a game with your Lion adult partner or den that is based on counting or numbers.

Requirement 3

Organize a group of items based on shape, then based on color, and one other category. Count how many different shapes are in each category. After organizing them build anything using only one category.

Requirement 1 Options

Identify the different shapes of the ranks in Cub Scouting and how many of each shape is represented.

- Use craft clay to make a Lion using basic shapes.
- Use stencils of basic shapes to draw a lion.
- Cut out shapes and tape them together to make a lion.

Requirement 2 Options

Play a game with your Lion adult partner or den that is based on counting or numbers.

- Play a game of hopscotch.
- Play a game of dominos.
- Cub Scouts count change in this relay game.

Requirement 3 Options

Organize a group of items based on shape, then based on color, and one other category. Count how many different shapes are in each category. After organizing them build anything using only one category.

- Identify the different shapes and count them in the Lion face.
- Use modular building blocks to sort and build.

Everyday Tech

ELECTIVE



Snapshot Of Adventure

Explore how technology has made life easier and the ways to use technology safely.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before starting this Adventure, review Digital Safety and Online Scouting Activities.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Everyday Tech.

Requirement 1

Discover technology around your home, meeting place, or neighborhood.

Requirement 2

Discover ways that digital technology can make life easier.

Requirement 3

Identify an item of digital technology you use at home. Demonstrate to your Lion adult partner how you use it safely.

Requirement 1 Options

Discover technology around your home, meeting place, or neighborhood.

- Play a game of "I Spy" to identify everyday technology.
- Identify objects that are technology and those that are not.

Requirement 2 Options

Discover ways that digital technology can make life easier.

- Use a grocery store app for a scaventer hunt in the grocery store.
- Identify how technology has made life easier.
- Play a game of memory that matches old technology with new technology.

Requirement 3 Options

Identify an item of digital technology you use at home. Demonstrate to your Lion adult partner how you use it safely.

• Cub Scouts create rules for the use of digital devices.

Gizmos And Gadgets

ELECTIVE



Snapshot Of Adventure

Lions with their adult partner will build a useful object together and explore the properties of motion and force.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

If choosing the Lion Pinewood Derby Car Display activity for requirement 3, complete the following:

- Review Age Appropriate Guidelines for Scouting Activities before starting a project.
- Cub Scouts are allowed to use common craft tools, such as paintbrushes, scissors, hammers, and screw drivers.
- Know the proper use of the tools that will be used for the project, by any youth or adult.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.
- Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Gizmos and Gadgets.

Explore properties of motion.

Requirement 2

Explore properties of force.

Requirement 3

Use household materials to create a useful object.

Requirement 1 Options

Explore properties of motion.

- Use Hot Wheels™ cars to conduct some tests of motion.
- Make a marble maze out of a paper plate.
- Roll different-sized balls to explore the movement and rotation.
- Race ping pong balls across a table by blowing through a straw.

Requirement 2 Options

Explore properties of force.

- Build balloon cars to see how air can be a force to move things.
- Making paper airplanes and comparing it to paper balls explores the concept of friction as a force.
- Cub Scouts identify the difference between pushing and pulling as a force.

Requirement 3 Options

Use household materials to create a useful object.

- Make a bird feeder by reusing a 2-liter plastic bottle.
- Make a planter by reusing a 2-liter plastic bottle.
- Build a Pinewood Derby car display.

Go Fish

ELECTIVE



Snapshot Of Adventure

Lions and adult partners will have a great time fishing together.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Before starting the Adventure:

- Review content about fishing on Scouting.org.
- Check state requirements for fishing licenses or permits for youth and adults.
- Secure additional adult supervision that can assist Cub Scouts during the activity.
- Get permission to fish where you plan to fish.
- Check the weather before you go. Do not fish in a thunderstorm or inclement weather.
- If fishing in freshwater, review Fishing Basics PowerPoint presentation and Instructor's Guide to teach freshwater fishing.
- Additional fishing resources can be found at Scout Life Magazine.

During the Adventure:

- Use the buddy system.
- Give plenty of room to others who are fishing nearby.
- Never fish where people are swimming.

Once you know your local fishing rules and regulations, here are the 6 things to know to keep you and others safe:

- 1. Fish with proper adult supervision.
- 2. Get permission to fish where you plan to fish.
- 3. Check the weather before you go. Do not fish in a thunderstorm or inclement weather.
- 4. Use the buddy system. You must be able to see them.
- 5. Give plenty of room to others who are fishing nearby.
- 6. Never fish where people are swimming.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Go Fish.

Requirement 1

With your Lion adult partner, learn the rules of fishing safely.

Requirement 2

Draw a picture of the type of fish you think lives in the water where you are going fishing.

Requirement 3

Go fishing with your Lion adult partner.

Requirement 1 Options

With your Lion adult partner, learn the rules of fishing safely.

- Learn the rules to fishing safely.
- After reviewing the safety rules, use a quiz to see what Cub Scouts have learned.

Requirement 2 Options

Draw a picture of the type of fish you think lives in the water where you are going fishing.

• Learn to draw a fish by using the grid method.

Requirement 3 Options

Go fishing with your Lion adult partner.

• Go fishing with your adult partner.

I'll Do It Myself

ELECTIVE



Snapshot Of Adventure

Establishing good habits of hygiene and self-reliance is the focus of this Adventure.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete I'll Do It Myself.

Requirement 1

Make and use a "lion bag" for personal Scouting gear.

Requirement 2

Construct a personal care checklist.

Requirement 3

Put on your shoes without help. Take them off and put them away.

Requirement 1 Options

Make and use a "lion bag" for personal Scouting gear.

- Decorate reusable shopping bag to make a Lion bag.
- Make a Lion bag for your Cub Scout goodies.

Requirement 2 Options

Construct a personal care checklist.

- Complete a morning and evening personal care routine chart.
- Invite a medical professional or EMS to your den meeting and learn about personal care.

Requirement 3 Options

Put on your shoes without help. Take them off and put them away.

- Play a game where everyone takes their shoes off and mixes them in a pile to find and put on their shoes.
- Adult partners help Cub Scouts put their shoes on.

Let's Camp Lion

ELECTIVE



Snapshot Of Adventure

Here is the opportunity for Lions and their adult partners to go on an overnight campout.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Review Age Appropriate Guidelines for Scouting Activities before camping.

When camping:

- Basic Adult Leader Outdoor Orientation (BALOO) training is mandatory for a pack overnighter. At least one registered adult leader who will be present during the overnighter must complete BALOO training. BALOO training consists of an online pre-requisite component in addition to an overnight hand on practical. BSA's Cub Scout level camping policies will be taught along with the discovery of the necessary tools to help units carry out a successful camping experience. Check with your local council when the next available BALOO Training will be conducted.
- Complete the on-line training "Hazardous Weather" training module that is part of the Position Specific Training for den leaders my.scouting. If you have already completed den leader, Cubmaster, or pack committee chair training on-line, then you have completed this module.
- Watch the Weather Related Safety Moment video (1 minute 48 seconds).
- Review Guide to Safe Scouting for camping,
- If building a campfire, review Behavior Around Campfires.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Let's Camp Lion.

Requirement 1

Learn about the buddy system and how it works in the outdoors.

Requirement 2

Before going on the overnight campout, discuss what type of weather is expected and what type of clothes you should wear.

Requirement 3

Pack up your Cub Scout Six Essentials for the campout.

Requirement 4

Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.

Requirement 1 Options

Learn about the buddy system and how it works in the outdoors.

- Using the Lion handbook, Cub Scouts learn the buddy system.
- Ask the Cub Scouts to "buddy up," with a fellow scout of their choosing. Play tic-tac-toe.

Requirement 2 Options

Before going on the overnight campout, discuss what type of weather is expected and what type of clothes you should wear.

- Adult partners wear different clothes for different seasons and Cub Scouts identify the season.
- Identify proper clothing for the weather with a cut out activity.
- Cub Scouts pick out clothes that are appropriate for different types of weather.

Requirement 3 Options

Pack up your Cub Scout Six Essentials for the campout.

• This is an At-Home activity. Adult partners will help their Cub Scouts pack their Cub Scout Six Essentials.

Requirement 4 Options

Attend a council or district Cub Scout overnight camp or attend an overnight campout with your pack.

- Outing with Travel
- Go camping with your pack.

On A Roll

ELECTIVE



Snapshot Of Adventure

With their family or den, Lions learn bike safety and go on a bike ride. Bikes, training wheels, tricycles, and bikes of all forms are welcome.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure:

 Review and become familiar with Bicycle Safety guidelines found on the BSA Sports and Activities page.

During the Adventure:

- Conduct an "ABC Quick Check" on the bicycles before riding. The Pedestrian and Bicycle Information Center has a checklist for air, brakes, and cranks, chain, and cogs.
- If conducting a bike ride away from your regular meeting location make sure to have everyone complete an Activity Consent form.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete On a Roll.

Requirement 1

With your den or Lion adult partner, learn about the safety gear you should use while riding a bicycle.

Requirement 2

With your den or Lion adult partner, learn the safety rules to follow when riding a bicycle.

With your Lion adult partner or family, ride a bicycle wearing appropriate safety gear and follow safety rules.

Requirement 1 Options

With your den or Lion adult partner, learn about the safety gear you should use while riding a bicycle.

- Cub Scouts check their own safety gear.
- Reinforce introduction to bike safety gear with a dot-to-dot activity.

Requirement 2 Options

With your den or Lion adult partner, learn the safety rules to follow when riding a bicycle.

• Review safety rules for bike riding.

Requirement 3 Options

With your Lion adult partner or family, ride a bicycle wearing appropriate safety gear and follow safety rules.

• Take a bike ride with your den.

On Your Mark

ELECTIVE



Snapshot Of Adventure

Play active games with your family and den, including a box derby race.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure complete the following:

- Review Age Appropriate Guidelines for Scouting Activities before starting a project.
- Cub Scouts are allowed to use common craft tools, such as paintbrushes, scissors, hammers, and screw drivers.
- Know the proper use of the tools that will be used for the project, by any youth or adult.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.
- Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete On Your Mark.

Play a game with your den.

Requirement 2

Participate in an obstacle course relay.

Requirement 3

Build a box derby and participate in a race.

Requirement 1 Options

Play a game with your den.

- Play a game of Red Light Green Light.
- Play a game of Yahtzee™.
- Cub Scouts will sample different board games by playing them in a round-robin speed format.

Requirement 2 Options

Participate in an obstacle course relay.

- Create and run an obstacle course.
- Use a local playground to create an obstacle course.
- Make a portal-type obstacle course with painter's tape.

Requirement 3 Options

Build a box derby and participate in a race.

• Conduct a Lion Box Derby.

Pick My Path

ELECTIVE



Snapshot Of Adventure

Through game play, Lions are exposed to the idea that choices have consequences.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Pick My Path.

Requirement 1

Explain that choices have consequences.

Requirement 2

Perform a Good Turn for another person.

Requirement 3

Learn the basic rules of a game and play the game.

Requirement 1 Options

Explain that choices have consequences.

- Play a game of Tic-Tac-Toe and discuss how choices have consequences in the game and in life.
- Trying to put toothpaste back into the tube makes the connection that choices have consequences.

Requirement 2 Options

Perform a Good Turn for another person.

- Cub Scout does a chore at home.
- Cub Scout practices holding the door open for someone.
- Cub Scouts practice complementing each other.

Requirement 3 Options

Learn the basic rules of a game and play the game.

- Cub Scouts learn to play charades.
- Cub Scouts play rock, paper, scissors.
- Cub Scouts play musical Hula Hoops™.

Race Time Lion

ELECTIVE



Snapshot Of Adventure

The most popular events in Cub Scouting are found in this Adventure, the Pinewood Derby and the Rain gutter Regatta. Lions and adult partners work together to build and race either a car or a boat.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure.

Before starting this Adventure complete the following:

- Review Age Appropriate Guidelines for Scouting Activities before starting a project.
- Cub Scouts are allowed to use common craft tools, such as paintbrushes, scissors, hammers, and screw drivers.
- Know the proper use of the tools that will be used for the project, by any youth or adult.

During the Adventure

- Give time for proper training on the use of the tools that will be used to complete the project to all youth and adults.
- Provide continuous, qualified adult supervision and discipline during the project.

Following all manufacturer's literature and age and skill restrictions shall supersede the recommendations in the publication. If there is a conflict, leaders shall follow the most restrictive guidelines.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Race Time Lion.

With your Lion adult partner, assemble and decorate either a Pinewood Derby® car or a Raingutter Regatta™ boat.

Requirement 2

Learn the rules of the race for the vehicle chosen in Requirement 1.

Requirement 3

Before the race, discuss with your Lion adult partner how you will demonstrate good sportsmanship during the race.

Requirement 4

With your Lion adult partner, participate in a Pinewood Derby or a Raingutter Regatta.

Requirement 1 Options

With your Lion adult partner, assemble and decorate either a Pinewood Derby® car or a Raingutter Regatta™ boat.

- Den or pack provides a build day for Cub Scouts.
- Den or pack provides a build day for Cub Scouts.

Requirement 2 Options

Learn the rules of the race for the vehicle chosen in Requirement 1.

• Invite Arrow of Light Scouts to come and explain the rules of the race.

Requirement 3 Options

Before the race, discuss with your Lion adult partner how you will demonstrate good sportsmanship during the race.

• Cub Scouts will act out through roll playing how to be a good sport during the race.

Requirement 4 Options

With your Lion adult partner, participate in a Pinewood Derby or a Raingutter Regatta.

- Conduct a Pinewood Derby car race.
- Conduct a Raingutter Regatta.

Ready, Set, Grow

ELECTIVE



Snapshot Of Adventure

Gardening for fun and for food is how Lions will discover some of the wonders of natural science.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. Before conducting a craft activity, review the Craft Tips video (2 minutes 34 seconds.)

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Ready, Set, Grow.

Requirement 1

Discover where the food we eat comes from.

Requirement 2

Plant a small garden outside or in a container.

Requirement 3

Visit with an individual who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.

Requirement 1 Options

Discover where the food we eat comes from.

 Activity that matches the food and where it comes from the ground, a tree, a vine, or a farm.

- Visit a supermarket and arrange a tour of each department to learn where food for that department comes from.
- Cub Scouts identify where different food comes from in this relay race.

Requirement 2 Options

Plant a small garden outside or in a container.

- Plant an avocado seed.
- Use recycled paper egg cartons to make a small herb garden.
- Decorate a small pot and plant sunflower seeds.

Requirement 3 Options

Visit with an individual who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.

 Plan to visit a nursery, garden, community garden, or botanical garden that will allow Cub Scouts to do some planting.

Time To Swim

ELECTIVE



Snapshot Of Adventure

Under properly qualified supervision and following Safety Afloat rules, Lions will learn how to stay safe in the water and get comfortable with being in the water. Lions can earn this Adventure by completing the requirements OR by taking swim lessons.

Safety Moment

Prior to any activity, use the BSA SAFE Checklist to ensure the safety of all those involved. All participants in official BSA Scouting activities should become familiar with the *Guide to Safe Scouting* and applicable program literature or manuals. Be aware of state or local government regulations that supersede BSA practices, policies, and guidelines. To assist in the safe delivery of the program you may find specific safety items that are related to requirements for the Adventure. All swimming activity must be supervised by a mature and conscientious adult age 21 or older who understands and knowingly accepts responsibility for the well-being and safety of those in their care, and who is trained in and committed to compliance with the eight points of BSA Safe Swim Defense.

Before starting this Adventure complete the following:

- Complete the BSA Safe Swim Defense training (26 minutes) on my.scouting.
- Confirm enough adults who will serve as rescuers during the activity to maintain a ratio of one rescuer to every 10 Cub Scouts.
- Have buddy tags for everyone who will be in the water, youth, and adults.

During the Adventure:

- Give overview and instruction on the points of the Save Swim Defense prior to the activity.
- Provide continuous, qualified adult supervision and discipline during the activity.
- When swimming outdoors, ask that all the Cub Scouts apply sunscreen.

Complete the following requirements

Activities to fulfill these requirements are listed below. Choose one activity for each requirement to complete Time to Swim.

Learn about the swimming safety rules that you need to follow.

Requirement 2

Demonstrate how to enter the swimming area properly.

Requirement 3

With your Lion adult partner as your buddy, be active in water depths matching your ability for 20 minutes.

Requirement 4

Place your face in the water and blow bubbles.

Requirement 5

Demonstrate how to exit the swimming area properly.

Requirement 1 Options

Learn about the swimming safety rules that you need to follow.

- Cub Scouts will identify the Safe Swim Defense.
- Have an adult BSA Lifeguard or other adult who has completed Safe Swim Defense training to talk to the Cub Scouts.

Requirement 2 Options

Demonstrate how to enter the swimming area properly.

• Before going swimming Cub Scouts learn how to properly enter the swimming area.

Requirement 3 Options

With your Lion adult partner as your buddy, be active in water depths matching your ability for 20 minutes.

• Take your den and go swimming.

Requirement 4 Options

Place your face in the water and blow bubbles.

• While in the pool Cub Scouts will blow bubbles in the water.

Requirement 5 Options

Demonstrate how to exit the swimming area properly.

• Demonstrate the importance of exiting the pool safely and removing buddy tag from the buddy board.